Counseling and Human Services / BS Degree

Suggested Course Sequence

For students entering the major in catalog year **2025-26**

YEAR 1

SEMESTER — FALL 2025		SPRING 2026	
INT 100 Principles of Academic Integrity	0		
FYS 100 First Year Seminar	1		
ENG 151 College Writing I	3	ENG 152 College Writing II	3
CHS 105 Human Services and Social Policy Social Science I** (SS)	3	CHS 101 Family Studies	3
PSY 101 Introduction to Psychology Social Science II** (SS)	3	PSY 108 Human Growth and Development	3
Fine Arts (FA)	3	SOC 101 Introduction to Sociology	3
Communication Intensive (CI)	3	MATH 136 Intro to Statistics Quantitative Literacy (QL) or PSY 136 Statistics for Behav. Sciences~ Quantitative Literacy (QL)^	4
CREDITS	**16 CREDITS**		**16 CREDITS**

YEAR 2

SEMESTER — FALL 2026		SPRING 2027	
CHS 224 Research Methods & Writing 200-level Writing Intensive (WI)	3	CHS 220 Diversity & Cultural Competence *(Offered spring)*	3
Humanities I* (HUM)	3	CHS 315/515 Group Counseling *(Offered spring)*	3
Scientific Reasoning - Lab (SR-L)	4	Humanities II* (HUM)	3
General Elective, Minor or Track Course	3	SEE Math or Science~ (SR, SR-L or QL)	3-4
General Elective, Minor or Track Course	3	General Elective, Minor or Track Course	3
CREDITS	**16 CREDITS**		**15 - 16 CREDITS**

YEAR 3

SEMESTER — FALL 2027		SPRING 2028	
CA 205 Foundations of Career	1	CHS 340/540 Admin. of Human Services *(offered spring)* 300/400-level Writing Intensive (WI)	3
CHS 360 Counseling Strategies for Individuals *(Offered fall)*	3	CHS 380 Internship in Counseling and Human Services *(Offered spring)*	3
CHS Elective	3	CHS Elective	3
Humanities III* (HUM)	3	Humanities IV* (HUM)	3
General Elective, Minor or Track Course	3	General Elective, Minor or Track Course	3
General Elective, Minor or Track Course	3		
CREDITS	**16 CREDITS**		**15 CREDITS**

YEAR 4

SEMESTER — FALL 2028		SPRING 2029	
CHS 430 Family Dynamics & Interventions *(Offered fall)*	3	CHS 440 Practicum in Counseling and Human Services	9
General Elective, Minor or Track Course	3	CHS 441 Seminar in Counseling and Human Services	3
General Elective, Minor or Track Course	3		
General Elective, Minor or Track Course	3		
General Elective, Minor or Track Course	3		
CREDITS	**15 CREDITS**		**12 CREDITS**

PROGRAM POLICIES

Specific information regarding program policies and tracks (if applicable) may be found in the Stevenson University Catalog. Please consult with your academic advisor/success coach if you need additional information. Prerequisite and co-requisite information is listed in the course descriptions. No student, regardless of major, will be permitted to advance to the next course without earning a grade of "C" or better in the prerequisite course(s). When a grade below a "C" is earned in a major course, the student must repeat that course. A course may be repeated once without special permission.

Consult with your academic advisor/success coach for elective and track course information. Optional tracks include:

- Addictions/Mental Health Counseling
- Child, Adolescent, & Family Services

COURSE INFORMATION

FYS-100 First Year Seminar
1-credit course required for all first-year students.

INT-100 Principles of Academic Integrity
0-credit Blackboard course required for all students.

~If completing PSY-136, SEE Math or Science (SR, SR-L or QL) must be a Quantitative Literacy (QL) course with a MATH prefix.

^MATH-129 Foundational Statistics may fulfill MATH-136. Students receive credit for only one of the following Statistics courses: MATH-136, PSY-136, or MATH-129.

GENERAL EDUCATION NOTES

Stevenson Educational Experience (SEE) courses are identified in blue.

- Specific courses that fulfill SEE requirements are listed in the SU Catalog, on the SU Now Portal, and through Student Planning.
- Students must complete all SEE and major requirements and earn a minimum of 120 credits.
- A minimum of 15 credits must be taken at the 300/400 level.

*HUMANITIES classes must be from at least three different disciplines.

**SOCIAL SCIENCE classes must be from two different disciplines